



LAWYERS CONCERNED FOR LAWYERS

Confidential Support for Legal Professionals

LCL SEPTEMBER 2021 CLE PROGRAMS

SUICIDE AWARENESS AND PREVENTION

Friday, September 10, 12:00—1:00 P.M. via Zoom.

1.0 Ethics CLE credit applied for (Course 409899)

Presented by: Joan Bibelhausen and Faith Amdahl

The stress lawyers face is a predictor for depression, and untreated depression is the #1 predictor for suicide. Lawyers must also deal with the fact that clients can be suicidal. This program will help you understand the facts and myths about suicide; recognize signs and indicators for clinical depression, anxiety, and suicide; and provide resources and a protocol for offering and seeking help to prevent suicide. **Advance registration is required; register [here](#).**

IMPLICIT BIAS IN THE LEGAL PROFESSION: MENTAL HEALTH AND DOUBLE STIGMA

Tuesday, Sept 14, 4:00 P.M.—5:00 P.M. via Zoom

1.0 Elimination of Bias CLE Credit applied for (Course 409836)

Presented by: Joan Bibelhausen

The primary focus of this program is to understand and demonstrate how implicit bias discussions in the legal profession must include mental health (including substance use) and stress issues. This program will begin with a general understanding of the concept of implicit bias and discuss how implicit bias stands in the way of lawyers seeking the help they need for mental health and stress issues. While it's hard for anyone to ask for help, there is a double stigma for those already in underrepresented groups. This program will address the challenges faced by lawyers, judges, and law students when asking for help for mental health issues. It will also address the relationship between mental health issues and diversity and inclusion. The program includes a discussion of strategies to overcome these issues. **Advance registration is required; register [here](#).**

LAWYER WELL-BEING: SURVIVING & THRIVING IN CHALLENGING TIMES

Tuesday, September 28, 4:00—5:00 P.M. via Zoom.

1.0 Standard CLE credit applied for (Course 409483)

Presented by: Bob Schuneman

In early 2020, the Minnesota legal profession was upended by the arrival of the global COVID-19 pandemic. In the ensuing weeks and months, the profession experienced seismic changes in the practice of law. This program examines the effects of those changes on lawyers, judges, and law students while providing tips and strategies to navigate the ever-changing legal landscape. **Advance registration is required; register [here](#).**

After registering, you will receive a confirmation email containing information about joining the meeting. These programs are open to all lawyers. For more information, please call 651-646-5590 or email: bschuneman@mnlcl.org. LCL does not charge for these programs; contributions are gratefully appreciated. [Donate here](#).