

SWOT & Goals

1 of 2 Handouts on SWOT & Goals



Planning for Success

Office of Academic Excellence



THE MOOD ELEVATOR

grateful

wise

creative

resourceful

hopeful

appreciative

patient

sense of humor

flexible



curious

impatient

irritated

worried

defensive

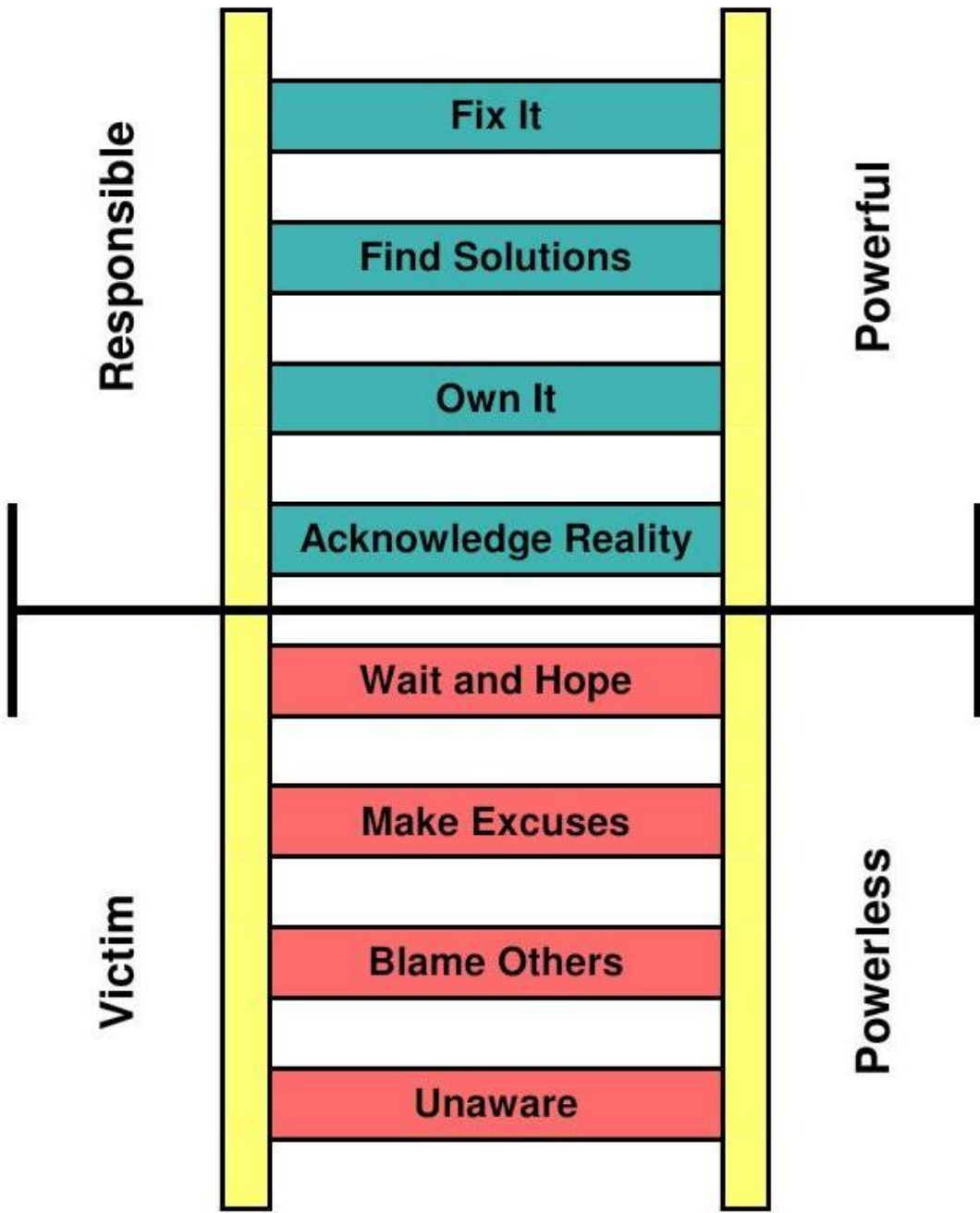
judgmental

self-righteous

stressed

angry

depressed



SWOT Analysis



Strengths

Consider the following questions and list your strengths on the worksheet provided:

- what skills do you have?
- what do you do better than anyone else?
- what resources can you access?
- why do people praise you?
- what achievements are you proud of?
- what values do you believe in?

Weaknesses

Consider the following questions and list your weaknesses on the worksheet provided:

- what skills/knowledge do you lack?
- what skills could you improve?
- what do you avoid doing?
- what do others see as your weaknesses?
- what resources are you deficient in?
- what are your negative work habits?
- what personality traits hold you back?

Opportunities

Consider the following questions and list your opportunities on the worksheet provided:

- what opportunities to learn are open?
- what situations can you take advantage of?
- do you have contacts to help advise you?
- what solutions do you have for making sure you achieve your objective?

Threats

Consider the following questions and list your opportunities on the worksheet provided:

- what obstacles do you currently face?
- what things could harm your interests in achieving your objective?
- what threats arise from your weaknesses?

Goal Setting

Consider your completed SWOT analysis to formulate specific and detailed goals you are setting out to achieve in order to succeed in law school.

Use the worksheet provided to write down your goals.

I GOT A PLAN!



**LAW
SCHOOL?!**

I GOT THIS.

MUHAHAHAH!